

# COUNT YOUR BLESSINGS



1. What does the word **blessed** mean to you?

2. Which of the following do you think you are blessed with?

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Athletic ability               | <input type="checkbox"/> Sense of humor          | <input type="checkbox"/> An after-school job |
| <input type="checkbox"/> Good looks                     | <input type="checkbox"/> Good parents            | <input type="checkbox"/> Popularity          |
| <input type="checkbox"/> Friends                        | <input type="checkbox"/> Cheerful personality    | <input type="checkbox"/> Car or vehicle      |
| <input type="checkbox"/> A house in a safe neighborhood | <input type="checkbox"/> Ambition for the future | <input type="checkbox"/> Health              |
| <input type="checkbox"/> Girlfriend or boyfriend        | <input type="checkbox"/> A supportive family     | <input type="checkbox"/> Lots of money       |
| <input type="checkbox"/> Academic success               | <input type="checkbox"/> Positive outlook        | <input type="checkbox"/> Trendy clothes      |
|   | <input type="checkbox"/> A special talent        | <input type="checkbox"/> Other—              |

3. Where do think you fall on the following scale?



I'm blessed more than most people • I'm blessed about the same as most people • I'm blessed less than most people

4. Check out **Psalm 16**. Starting with verse 5, find seven blessings and rewrite them in your own words below.

Verse 5—

Verse 5—

Verse 6—

Verse 10—

Verse 11—

Verse 11—

Verse 11—

5. Below is a list of blessings that God gives to Christians—these are all mentioned in Ephesians, a letter the apostle Paul wrote to the church at Ephesus. Where do you stand on each of these blessings? On each line, put a **B** (blessing for me), **M** (maybe a blessing for me) or **N** (not a blessing for me).

\_\_\_ Before the world was even created God picked you out to enjoy him.

\_\_\_ He adopted you as his child into his forever family.

\_\_\_ He redeemed (purchased) you and forgave all your sins.

\_\_\_ He saved you.

\_\_\_ He gave you the Holy Spirit to live in your heart.

\_\_\_ You have an inheritance (a place and a reward) in heaven.

\_\_\_ You have access (through prayer) to the Almighty God.