

# BRING IT ON!

1. List two of your **most important** personal goals.

2. Check out **Psalm 20** and then match the phrases on the left with the correct endings on the right.

May the Lord answer you when—

May his name—

May he send you—

May he grant you—

May he remember all your—

May he accept your—

May he give you—

May he make all your—

May he grant all your—

plans succeed.

sacrifices.

support.

burnt offerings.

the desire of your heart.

you are in distress.

protect you.

help.

requests.

3. Check out these situations below and answer the questions under each one.

a. Sophia wants to finish school with high honors, and she knows she has to work hard.

- What are three things she must do to achieve her goal?
- What are three things she must *not* do to achieve her goal?
- How can God help?

b. Monte wants to be a track star, but he's not sure he has the discipline.

- What are three things he must do to achieve his goal?
- What are three things he must *not* do to achieve his goal?
- How can God help?

c. Delisa wants to stay away from alcohol, but her mom's an alcoholic.

- What are three things she must do to achieve her goal?
- What are three things she must *not* do to achieve her goal?
- How can God help?



4. Check out **Psalm 20:7-8**. What message is God sending to you in these verses?